

Community Resources (9/09) for Quincy Career Center

Mental Health

Emergency Resources

South Shore Mental Health, 460 Quincy Ave., Quincy

24/7 Emergency service for Quincy 1-800-528-4890, 617-774-6036

Call for consultation and emergency assessment

Quincy Medical Center ER, 14 Whitwell St. 1-617-376-5533

Non-emergent counseling services

Bay State Community Services 1-617-471-8400

Manet Community Health Center @Quincy Medical Center 1-617-376-2088

South Shore/Bayview Assoc. 1-617-847-1950

Maria Droste Services 1-617-471-5686

NOVA Psychiatric Services 1-617-479-4545

Family Services, Quincy office 1-617-471-0630

Interfaith Social Services 1-617-773-6203

Neponset Community Health Center 1-617-282-3200

Manet Community Health Center 857-403-1542

Commonwealth Center, Neponset St., Canton 1-781-828-1222

Domestic Violence—information/referral about resources and safety planning

DOVE(domestic violence ended) 1-617-471-1234

Safelink-Statewide information and referral 1-877-785-2020

National Domestic Violence Hotline 1-800-799-7233

Boston Area Rape Crisis Center 1-617-492-7273

Samaritans-Hotline 1-800-893-9900

for depression, suicide and isolated people who need someone to talk with

Food

To apply for Food Stamps 1-866-813-1444

Quincy Food Pantry Shelf 1-617-773-6203

Quincy Salvation Army Food Pantry 1-617-472-2345

Food Source Hotline, Project Bread (also food stamps) 1- 800-645-8333

Serve New England www.servenewengland.org, 1-888-742-7363

Fuel and Utilities

Quincy Community Action 1-617-479-8181

Mass. Fuel Assistance Agency Heatline 1-800-632-8175

Department of Housing and Community Development 1-877-418-3308

NSTAR 1-800-566-2080

Individuals at Risk**Child-at-Risk Hotline** 1-800-792-5200**Disabled Persons Protection Commission** 1-800-426-9009**Elder Abuse Hotline** 1-800-922-2275**HOUSING****Quincy Community Action** 1-617-479-8181**Mass. Coalition for the Homeless** 1-781-595-7570

www.mahomeless.org (click on “are you experiencing homelessness” for complete list of Mass. shelters).

FINANCIAL

Consumer Credit Counseling Service 1-800-208-2227

Now part of Money Management International

SUPPORT GROUPS AND REFERRAL SERVICES**Parents Helping Parents (Parents Anonymous)** 1-800-882-1250**Parental Stress Line** 1-800-632-8188**NASW Social Work Referral Service** 617-720-2828 or 1-800-242-9794

Tell them the nature of the problem, preferred location and insurance/fee required for a referral for a therapist

www.helppro.org locate individual & group therapy

Alcoholics Anonymous 1-978-957-4690

Free self help groups for addictions

Al Anon 1-800-356-9996**Mass. First Call for Help (info and referral)** 1- 877-211-6277 or 211**Health Care****Commonwealth Connector** 1-800-623-6765

(Health Insurance Information for Mass Residents –not collecting Unemployment Insurance)

Medical Security Plan 617-626-5452

Prescription assistance

MassMedline 1-866-633-1617

www.needymeds.com

Mass League of Community Health Centers 1-800-475-8455

Free care for uninsured www.massleague.org

Health Care for All 1-800-272-4232

www.hcfama.org

MassHealth Service Center (Medicaid enrollment) 1-800-841-2900

Other Helpful Resources**Attorney Generals Office** 1-617-727-8400**United Way Information and Referral Line** 1-877-211-6277**Department of Transitional Assistance** 1-800-249-2007**Mass Rehabilitation Dept - (617) 471-1600**